

## HOW TO USE THIS ONE YEAR PLAN FOR GROWTH

### Plan Ahead

Planning when and where you will spend your time with God is very helpful. In fact, for many of us it is essential. At the beginning of the week, take a few minutes to look at your schedule and determine when and where you will spend time alone with God. Plans and schedules will always have to remain flexible, but planning ahead is enormously helpful in establishing a consistent habit.

### Reflection Questions

Use these reflective questions to help grasp a deeper understanding of God's Word and learning how the Word may be applied to your daily life.

- 1) What have these readings been teaching me about God?
- 2) What have these readings been teaching me about myself?
- 3) What do these teachings mean for my life today?

### P.R.A.Y. Quiet Time Method

There are no rules or formulas for how to spend time in God's Word, but there are helpful practices. If you are looking for some guidance or structure for your quiet times, here is a method that could help. The method can be completed in 10-15 minutes – however don't feel restricted! Spend as much time as you want. You can remember this method using the acronym **P.R.A.Y.** Below is the breakdown:

**Pray.** (30 sec) Ask God to speak to you through His Word during your quiet time.

**Read.** (5 min.) Read the day's Scripture passage, expecting God to speak to you through His Word.

**Ask.** (5 min.) Ask and answer the following questions:

1. What does this passage say about God?
2. What does this passage say about me?
3. Is there sin I need to confess after reading this passage?
4. How does this passage lead me to praise God?
5. What should my life look like today as a result of reading this passage?

**Yield.** (2 min.) Yield your day to God. Think about your schedule, to-do list, and plans. Ask God to help you remember His truth and use you to live this truth today.

When you spend time with God reading His Word, we grow in our relationship with Him. **2 Timothy 3:16-17** says, *"All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the servant of God may be thoroughly equipped for every good work."* (NIV).

Scripture also says that God's Word is living and active (**Hebrews 4:12**), it accomplished the purposes for which it is sent (**Isaiah 55:11**), and it always finishes the work it starts (**Philippians 1:6**). God repeatedly promises to grow us spiritually and draw us nearer to Him and His people.

With these promises in mind, we encourage you to use this New Testament-in-a-Year reading plan. If you follow this plan, you will be able to read the entire New Testament in one year. The plan is straight forward: You can read for the five days of the week and use the weekend to reflect on what you have read or catch up on any readings you may have missed. Each of the five readings for the week will be one chapter of a particular book.

You are encouraged to use the P.R.A.Y. approach for each of the readings so that you may grow in your understanding of God's Word and how that word may be applied to your life and mission.

**A word of encouragement:** if you're like most of us, you'll probably fall behind at some point. Don't give up! You can use the weekend to read and reflect on what might have been missed. The goal of this plan is not to cause guilt for falling behind or pride over completion. It is designed to help you grow in faith and understanding of God's grace. In the midst of our busy lives, this plan can help by providing a structured reading plan to guide your devotional life and establish a daily habit of reading God's Word.

## *52 Weeks Through the New Testament*

<b>Week</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
1	<input type="checkbox"/> Mark 1	<input type="checkbox"/> Mark 2	<input type="checkbox"/> Mark 3	<input type="checkbox"/> Mark 4	<input type="checkbox"/> Mark 5
2	<input type="checkbox"/> Mark 6	<input type="checkbox"/> Mark 7	<input type="checkbox"/> Mark 8	<input type="checkbox"/> Mark 9	<input type="checkbox"/> Mark 10
3	<input type="checkbox"/> Mark 11	<input type="checkbox"/> Mark 12	<input type="checkbox"/> Mark 13	<input type="checkbox"/> Mark 14	<input type="checkbox"/> Mark 15
4	<input type="checkbox"/> Mark 16	<input type="checkbox"/> Acts 1	<input type="checkbox"/> Acts 2	<input type="checkbox"/> Acts 3	<input type="checkbox"/> Acts 4
5	<input type="checkbox"/> Acts 5	<input type="checkbox"/> Acts 6	<input type="checkbox"/> Acts 7	<input type="checkbox"/> Acts 8	<input type="checkbox"/> Acts 9
6	<input type="checkbox"/> Acts 10	<input type="checkbox"/> Acts 11	<input type="checkbox"/> Acts 12	<input type="checkbox"/> Acts 13	<input type="checkbox"/> Acts 14
7	<input type="checkbox"/> Acts 15	<input type="checkbox"/> Acts 16	<input type="checkbox"/> Acts 17	<input type="checkbox"/> Acts 18	<input type="checkbox"/> Acts 19
8	<input type="checkbox"/> Acts 20	<input type="checkbox"/> Acts 21	<input type="checkbox"/> Acts 22	<input type="checkbox"/> Acts 23	<input type="checkbox"/> Acts 24
9	<input type="checkbox"/> Acts 25	<input type="checkbox"/> Acts 26	<input type="checkbox"/> Acts 27	<input type="checkbox"/> Acts 28	<input type="checkbox"/> Hebrews 1
10	<input type="checkbox"/> Hebrews 2	<input type="checkbox"/> Hebrews 3	<input type="checkbox"/> Hebrews 4	<input type="checkbox"/> Hebrews 5	<input type="checkbox"/> Hebrews 6
11	<input type="checkbox"/> Hebrews 7	<input type="checkbox"/> Hebrews 8	<input type="checkbox"/> Hebrews 9	<input type="checkbox"/> Hebrews 10	<input type="checkbox"/> Hebrews 11
12	<input type="checkbox"/> Hebrews 12	<input type="checkbox"/> Hebrews 13	<input type="checkbox"/> Galatians 1	<input type="checkbox"/> Galatians 2	<input type="checkbox"/> Galatians 3
13	<input type="checkbox"/> Galatians 4	<input type="checkbox"/> Galatians 5	<input type="checkbox"/> Galatians 6	<input type="checkbox"/> James 1	<input type="checkbox"/> James 2
14	<input type="checkbox"/> James 3	<input type="checkbox"/> James 4	<input type="checkbox"/> James 5	<input type="checkbox"/> Matthew 1	<input type="checkbox"/> Matthew 2
15	<input type="checkbox"/> Matthew 3	<input type="checkbox"/> Matthew 4	<input type="checkbox"/> Matthew 5	<input type="checkbox"/> Matthew 6	<input type="checkbox"/> Matthew 7
16	<input type="checkbox"/> Matthew 8	<input type="checkbox"/> Matthew 9	<input type="checkbox"/> Matthew 10	<input type="checkbox"/> Matthew 11	<input type="checkbox"/> Matthew 12
17	<input type="checkbox"/> Matthew 13	<input type="checkbox"/> Matthew 14	<input type="checkbox"/> Matthew 15	<input type="checkbox"/> Matthew 16	<input type="checkbox"/> Matthew 17
18	<input type="checkbox"/> Matthew 18	<input type="checkbox"/> Matthew 19	<input type="checkbox"/> Matthew 20	<input type="checkbox"/> Matthew 21	<input type="checkbox"/> Matthew 22
19	<input type="checkbox"/> Matthew 23	<input type="checkbox"/> Matthew 24	<input type="checkbox"/> Matthew 25	<input type="checkbox"/> Matthew 26	<input type="checkbox"/> Matthew 27
20	<input type="checkbox"/> Matthew 28	<input type="checkbox"/> Romans 1	<input type="checkbox"/> Romans 2	<input type="checkbox"/> Romans 3	<input type="checkbox"/> Romans 4
21	<input type="checkbox"/> Romans 5	<input type="checkbox"/> Romans 6	<input type="checkbox"/> Romans 7	<input type="checkbox"/> Romans 8	<input type="checkbox"/> Romans 9
22	<input type="checkbox"/> Romans 10	<input type="checkbox"/> Romans 11	<input type="checkbox"/> Romans 12	<input type="checkbox"/> Romans 13	<input type="checkbox"/> Romans 14
23	<input type="checkbox"/> Romans 15	<input type="checkbox"/> Romans 16	<input type="checkbox"/> Ephesians 1	<input type="checkbox"/> Ephesians 2	<input type="checkbox"/> Ephesians 3
24	<input type="checkbox"/> Ephesians 4	<input type="checkbox"/> Ephesians 5	<input type="checkbox"/> Ephesians 6	<input type="checkbox"/> Philippians 1	<input type="checkbox"/> Philippians 2
25	<input type="checkbox"/> Philippians 3	<input type="checkbox"/> Philippians 4	<input type="checkbox"/> Colossians 1	<input type="checkbox"/> Colossians 2	<input type="checkbox"/> Colossians 3
26	<input type="checkbox"/> Colossians 4	<input type="checkbox"/> Philemon 1	<input type="checkbox"/> Luke 1	<input type="checkbox"/> Luke 2	<input type="checkbox"/> Luke 3
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28	<input type="checkbox"/> Luke 9	<input type="checkbox"/> Luke 10	<input type="checkbox"/> Luke 11	<input type="checkbox"/> Luke 12	<input type="checkbox"/> Luke 13
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30	<input type="checkbox"/> Luke 19	<input type="checkbox"/> Luke 20	<input type="checkbox"/> Luke 21	<input type="checkbox"/> Luke 22	<input type="checkbox"/> Luke 23
31	<input type="checkbox"/> Luke 24	<input type="checkbox"/> 1 Corinthians 1	<input type="checkbox"/> 1 Corinthians 2	<input type="checkbox"/> 1 Corinthians 3	<input type="checkbox"/> 1 Corinthians 4
32	<input type="checkbox"/> 1 Corinthians 5	<input type="checkbox"/> 1 Corinthians 6	<input type="checkbox"/> 1 Corinthians 7	<input type="checkbox"/> 1 Corinthians 8	<input type="checkbox"/> 1 Corinthians 9
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34	<input type="checkbox"/> 1 Corinthians 15	<input type="checkbox"/> 1 Corinthians 16	<input type="checkbox"/> 2 Corinthians 1	<input type="checkbox"/> 2 Corinthians 2	<input type="checkbox"/> 2 Corinthians 3
35	<input type="checkbox"/> 2 Corinthians 4	<input type="checkbox"/> 2 Corinthians 5	<input type="checkbox"/> 2 Corinthians 6	<input type="checkbox"/> 2 Corinthians 7	<input type="checkbox"/> 2 Corinthians 8
36	<input type="checkbox"/> 2 Corinthians 9	<input type="checkbox"/> 2 Corinthians 10	<input type="checkbox"/> 2 Corinthians 11	<input type="checkbox"/> 2 Corinthians 12	<input type="checkbox"/> 2 Corinthians 13
37	<input type="checkbox"/> 1 Timothy 1	<input type="checkbox"/> 1 Timothy 2	<input type="checkbox"/> 1 Timothy 3	<input type="checkbox"/> 1 Timothy 4	<input type="checkbox"/> 1 Timothy 5
38	<input type="checkbox"/> 1 Timothy 6	<input type="checkbox"/> 2 Timothy 1	<input type="checkbox"/> 2 Timothy 2	<input type="checkbox"/> 2 Timothy 3	<input type="checkbox"/> 2 Timothy 4
39	<input type="checkbox"/> Titus 1	<input type="checkbox"/> Titus 2	<input type="checkbox"/> Titus 3	<input type="checkbox"/> 1 John 1	<input type="checkbox"/> 1 John 2
40	<input type="checkbox"/> 1 John 3	<input type="checkbox"/> 1 John 4	<input type="checkbox"/> 1 John 5	<input type="checkbox"/> 2 John 1	<input type="checkbox"/> 3 John 1
41	<input type="checkbox"/> 1 Peter 1	<input type="checkbox"/> 1 Peter 2	<input type="checkbox"/> 1 Peter 3	<input type="checkbox"/> 1 Peter 4	<input type="checkbox"/> 1 Peter 5
42	<input type="checkbox"/> John 1	<input type="checkbox"/> John 2	<input type="checkbox"/> John 3	<input type="checkbox"/> John 4	<input type="checkbox"/> John 5
43	<input type="checkbox"/> John 6	<input type="checkbox"/> John 7	<input type="checkbox"/> John 8	<input type="checkbox"/> John 9	<input type="checkbox"/> John 10
44	<input type="checkbox"/> John 11	<input type="checkbox"/> John 12	<input type="checkbox"/> John 13	<input type="checkbox"/> John 14	<input type="checkbox"/> John 15
45	<input type="checkbox"/> John 16	<input type="checkbox"/> John 17	<input type="checkbox"/> John 18	<input type="checkbox"/> John 19	<input type="checkbox"/> John 20
46	<input type="checkbox"/> John 21	<input type="checkbox"/> 1 Thessalonians 1	<input type="checkbox"/> 1 Thessalonians 2	<input type="checkbox"/> 1 Thessalonians 3	<input type="checkbox"/> 1 Thessalonians 4
47	<input type="checkbox"/> 1 Thessalonians 5	<input type="checkbox"/> 2 Thessalonians 1	<input type="checkbox"/> 2 Thessalonians 2	<input type="checkbox"/> 2 Thessalonians 3	<input type="checkbox"/> 2 Peter 1
48	<input type="checkbox"/> 2 Peter 2	<input type="checkbox"/> 2 Peter 3	<input type="checkbox"/> Jude 1	<input type="checkbox"/> Revelation 1	<input type="checkbox"/> Revelation 2
49	<input type="checkbox"/> Revelation 3	<input type="checkbox"/> Revelation 4	<input type="checkbox"/> Revelation 5	<input type="checkbox"/> Revelation 6	<input type="checkbox"/> Revelation 7
50	<input type="checkbox"/> Revelation 8	<input type="checkbox"/> Revelation 9	<input type="checkbox"/> Revelation 10	<input type="checkbox"/> Revelation 11	<input type="checkbox"/> Revelation 12
51	<input type="checkbox"/> Revelation 13	<input type="checkbox"/> Revelation 14	<input type="checkbox"/> Revelation 15	<input type="checkbox"/> Revelation 16	<input type="checkbox"/> Revelation 17
52	<input type="checkbox"/> Revelation 18	<input type="checkbox"/> Revelation 19	<input type="checkbox"/> Revelation 20	<input type="checkbox"/> Revelation 21	<input type="checkbox"/> Revelation 22